

The Link

THE PARISH MAGAZINE FOR ORTON, TEBAY AND RAVENSTONEDALE WITH NEWBIGGIN-ON-LUNE



April 2021

**THE LINK IS PUBLISHED BY THE
PAROCHIAL CHURCH COUNCILS
OF ALL SAINTS', CHURCH, ORTON,
WITH ST JAMES' CHURCH, TEBAY,
AND ST OSWALD'S CHURCH,
RAVENSTONEDALE
WITH NEWBIGGIN-ON-LUNE**

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THE LINK DEADLINE IS THE 13TH OF EACH MONTH

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Views expressed in 'The Link'
are not necessarily those of the
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HURD THE WORD

From the Revd. Alun Hurd

Earlier this year in January I was in a local shop and was astonished to see a large packet of Mini Eggs, usually sold around the time of Easter, for sale. This was the second or third week of January..!

I thought here we go, Easter is finally catching up with Christmas in the minds of those who can produce the seasonal goods before we need them.

Well, I confess I bought a pack as I usually give them out on Easter Day and what is left I get to eat as my Easter treat.

While I was slightly shocked to see them on sale, although not specifically advertised as Easter Eggs, as I thought it through I began to think that it was a reminder that Jesus is not only for Christmas or Easter. He is the Prince of Peace and Saviour of the World for all time, forever, and is not framed by time and place or restricted in any way for the reason he came into the world.

We may specifically think of Jesus at those two times, his birth, death and resurrection, with a whole lot in between, but his purpose and life are to demonstrate God's love for all of us on this planet and how we can look after it and be better people, and at the same time accept the gift that God offers through the sacrifice of Jesus on the cross and because of that, the hope of eternal life.

In essence that is the Good News the Angels sang about to the Shepherds at Christmas.

Easter eggs and some other seasonal things can help to remind us and maybe point us in the right direction to remember the reason for this season.

During this last year mostly in lockdown many have undertaken, witnessed and possibly even experienced ourselves great acts of

kindness and compassion amidst all the grief, sorrow and hardship in our nation and across the world.

It will be the case that many of us are inspired by our Christian compassion and teaching to do these things, and if so then thank you and may your gifts and ministries and endeavours continue long past the pandemic.

The Jesus we will remember this Easter can point us to these attributes, and ultimately whether we have religious belief or not it is within the possibility of every human being to exhibit those traits of compassion and kindness which are at the heart of the pinnacle of God's creation in us humans.

May it always be so.

Finally, as some of you will know, this will be my last letter as the Vicar in the High Westmorland Parishes as I will be retiring at the end of April. Sharon and I have thoroughly enjoyed our time living among you, and for me in particular the privilege of serving you through baptisms, weddings, funerals and not least in our local schools. I can say too that it has been fun and a joy to worship with you and explore what it means to be a Christian in this part of the country in Cumbria.

So farewell for now, as I may well bump into you sometime as we will only be in Morland, and look forward to continuing to live in this beautiful part of the country. May you find time to be still and know God's presence in your lives and be blessed now and always and know that

'God is our refuge and strength,
an ever-present help
in times of trouble'.

Psalms 46:1

Yours in Christ

Alun

PS: Come on you Spurs..!!

NOTE - The management committee of *The Link* regret that it is unable to distribute literature for other organisations. Articles received after the 13th may be held over until the following month.

Next deadline - for the May issue: **13th April** if printed, **26th April** if digital
Front Cover: Ewes and lambs at Ghyll Bank, Raisbeck.

(Photo by Jenny Bowes)

SUNDAY SERVICES IN OUR CHURCHES FOR APRIL 2021

Maunder Thursday, 1 April
Blessing of the oils & Renewal of Ordination Vows
 11am, Dean Mark Boyles, Diocese of Carlisle Facebook Page
Come Dine with Me
 6.30pm, Alun Hurd / Fran Parkinson, Zoom
Good Friday, 2 April
 2pm, Mission Community Service, +James, Zoom



COVID-19 UPDATE

The churches of the High Westmorland parishes – Bampton, Orton, Ravenstonedale, Shap and Tebay - have for the most part been closed to regular worship on Sundays during the last year in lockdown.

For the regular members of our congregations and within our communities this was unquestionably a difficult time. Despite the essence of what makes us who we are, our meeting together, and the fellowship and support that comes from it, the church community has held together. Mostly via Zoom which was new experience and a revelation. Bringing us ever closer and expanding our horizons.

However, the thought that is in all our hearts and minds is - "When can we resume regular worship again?"

Taking into account advice from the Church of England and the Diocese of Carlisle alongside the Government Roadmap and whatever restrictions will be in place, we now have a target date to return to our buildings.

After careful consideration and discussion by all of our Churchwardens and PCCs, plus keeping an eye out on the numbers and statistics with regard to infections, admissions, deaths, and possibility of a third virus wave and roll out of vaccinations, we have come to a decision.

It was agreed that all of our church buildings will open for our usual Sunday worship on the 23rd May for Pentecost which gives us a reason to celebrate – the birthday of the church, which seems appropriate.

Sadly, we will not be opening for Easter on the 4th April or conducting the Easter Sunrise Service on Orton Scar.

The approach is cautious, but it was felt that it would be silly to risk all that has been gained when we are so near to meeting in person and what we hope will be relative normality.

We hope very much that many of you will choose to join us on the 23rd May across High Westmorland to celebrate the coming of the Holy Spirit, and as importantly that you and your nearest keep safe and well.

Rev. Alun Hurd

For Zoom links contact alunjhurd@gmail.com
 or, after 11th April,
curate.hwparishes@gmail.com

Sunday 4 April
Easter Day
 Speaker: Alun Hurd
Isaiah 25.6-9
Acts 10.34-43
 Prayers: Diana Nicholson



Sunday 11 April
 2nd Sunday of Easter
 Speaker: Alun Hurd
Exodus 14.10-31; 15.20,21
Acts 4.32-35
 Prayers:



Sunday 18 April
 Third Sunday of Easter
 Speaker: Ian Elliott
Zephaniah 3.14-20
Acts 3.12-19
 Prayers: Sandra Ward



Sunday 25 April
 Fourth Sunday of Easter
 Speaker: Sandra Ward
Gen 7.1-5,11-18; 8.6-18; 9.8-13
Acts 4.5-12
 Prayers: Rosemary Campbell



SUNDAY SERVICES IN OUR CHAPELS FOR APRIL 2021

Re-opening of Methodist Churches - Details on next page.

		4 th - Easter Day	11 th	18 th	25 th
Tebay	10.30 a.m. 6.30 p.m.	<i>Closed</i>	<i>Closed</i>	<i>Closed</i>	<i>Closed</i>
Orton	10.30 a.m. 6.30 p.m.	J Betts	A Pallister	B Staley	J Betts HC
Newbiggin-on-Lune	10.30 a.m. 6.30 p.m.	H Hutchinson OA	D Askew OA	J Worsfold	P Baxendale CA
Ravenstonedale	2.00 p.m. 6.30 p.m.	<i>Closed</i>	<i>Closed</i>	<i>Closed</i>	<i>Closed</i>

Vinlife Cumbria Fellowship: Every Sunday in Orton Market Hall, 10.30 a.m.

SERVICES for Holy Week and EASTER DAY in the High Westmorland Parishes

**Palm Sunday, 28th March: 10.30am Zoom
Service of the Word**



**Monday 29th March: 9.30am
Zoom Morning Prayer with the
Bishop of Carlisle pre-recorded**

Tuesday 30th March: The
Bishop of Carlisle will lead us in
a Zoom service live at 7.30pm.

There will be an opportunity
to ask him questions after his talk.

**Wednesday 31st March: 9.30am Zoom
Morning Prayer with the Bishop of Carlisle
pre-recorded**

Maundy Thursday 1st April:

11.00am Blessing of the Oils Live from
Carlisle Cathedral on Facebook at

<https://www.facebook.com/CarlisleCathedral>

**with the Dean of Carlisle,
the Very Revd Mark Boyling**

6.30pm: 'Come dine with me' on Zoom.
with the Bishop of Carlisle pre-recorded.

Good Friday, 2nd April, The Bishop of Carlisle will
lead us Live In a Vigil at the Foot of the Cross,
from 2.00-3.00pm. On Zoom.

Easter Sunday, 4th April

Our Easter Service with Holy Communion will be
on Zoom at 10.30am as usual.

EASTER DAY
CHRIST IS RISEN!
HE IS RISEN INDEED!
HALLELUJAH!

Zoom Links for all services will be sent out by the Revd.

Alun Hurd (alunjurd@gmail.com 01931 714812)

or the Revd. Fran Parkinson

(curate.hwparishes@gmail.com 015396 23393)

nearer the time.

Please get in touch if you would like to join us on Zoom.

Opening of Methodist Chapels

Orton Methodist Chapel

Orton Methodist Chapel hopes to open on Sunday, 4th April (Easter Sunday) for a service at 10.30am.

The same precautions due to Covid-19 will still apply, e.g. wearing of facemasks (unless clinically exempt or under 12), listening to hymns rather than singing, 2 metre distancing, hand hygiene etc). We will then continue with morning services from that date. If you don't generally worship with us but would like to come along on a particular Sunday, we would just ask that you give Rachel and Rowland a quick ring before the Sunday on 015396 24372, so we can ensure we are able to adhere to capacity guidelines. Many thanks.

Tebay Methodist Chapel

The Chapel at Tebay will remain closed until May.

Newbiggin-on-Lune Methodist Chapel

God willing, we aim to open at Newbiggin on Easter morning (4th April) at 10-30am.

Ravenstonedale Methodist Chapel plan to open for worship on Sunday May 9th at 2.00pm - which is our Chapel Anniversary and seems appropriate. If all is well we shall continue from then on, but that will be the next Link anyway.

Services Online

In addition the Kirkby Stephen, Appleby and Tebay Methodist Circuit, in conjunction with the Heart of Westmorland Mission Community, provide a number of services led by both local Methodist and Anglican clergy and lay people, predominantly streamed on YouTube.

There will also be a live streamed service from Appleby Methodist church on YouTube each week in April.

For YouTube service on Sundays at 10.30 a.m. from the Heart of Westmorland follow link -

<https://www.youtube.com/channel/UC6iZVadGymIBC04aEEOJryw>

Contact Revd. Stephen Radford
017683 71202

stephen.radford@methodist.org.uk

for further details.

A VIEW FROM TEBAY

From Rosemary Campbell

Here we are at last in Spring and signs that our lockdown is easing. It is amazing how Zoom has become part of some of our lives. As I started writing this I had a mobile call from a long standing friend reminding me we were having our first zoom session NOW! I had looked at my diary but not opened it. I started training as a nurse in London in the 60's at Mildmay Mission Hospital and the majority of our 3 years was at The Royal London Hospital famous for the Elephant Man and Dr Barnardo. Sadly I injured my back lifting a patient necessitating surgery and having to give up nursing. Despite that our group of 5 have remained good friends over the years – nearly 60!! How wonderful it will be to meet up with folks again - it will be quite an adjustment. Getting dressed up, getting our hair cut etc.!

We hope to start our Drop In at the Hub ere long but we have lost regular members Audrey and Lena who sadly passed away, and Ian who has moved to Preston. It will be so good to meet in real life again. Let's hope more can join us when we start again.

Our Vicar, the Rev Alun Hurd, retires on 11th April. We will miss his sense of humour and his gift of guitar playing. We wish Alun and Sharon all the best for their future. And I hope Alun doesn't get under Sharon's feet too much!

St. James' will have its first service on 23rd May which is quite fitting as Pentecost was the beginning of the church. I hope you may be able to join us on this special day.

It is great to see the lovely daffodils coming out along the banks of the main road through the village. All that hard work was so worthwhile. I am a bit of a bargain hunter and have been so fortunate to pick up some bunches of daffodils for 10p each in Morrisons - all different types; they look great.

Remembering all those not so well at the moment and carers and NHS staff, and Hospice at Home. Thanking carers for all their commitment over this difficult time. Thinking of those who have lost loved ones. Praying they may experience peace and healing in their loss.

Orton with Tebay Church Electoral Roll

If anyone wants to be added to the Electoral Roll this year, or if you know of anyone who might not be on who could be, now is the time. I can also confirm who is on, if anyone is unsure. I have forms that I can let you have. Please contact me on 24441. Thanks.

Ronnie Elliott - Electoral Roll Officer

The Link - My 80th Issue!

From the Editor



I took over as Editor of **The Link** from David Aspden in 2013, and my first issue was May 2013. I had a good deal of help from David for my initial issues, as I was unfamiliar with Microsoft Publisher, the programme on which **The Link** is produced, and it was quite a learning curve.

But since then I have edited - with a great deal of help and support from dozens of people who have contributed to the contents, as well as working in the background in various ways - ten issues every year (two issues, July/August and December/January, are always joint, two-month ones), so this issue is my 80th one.

There have of course been changes over the years, but this past year has seen the greatest changes, with all the issues from April 2020 being only in digital format and sent out by email. (We did get the Christmas 2020 issue printed.)

There have been advantages to this format, especially that it can be in full colour, and also there is no limit to the size - the last two issues and this one having 36 pages, whereas previously there were only 24, 28 or 32 pages, depending on the material sent in.

But of course the great disadvantage of the digital format is that those who do not have access to the Internet have not been able to receive it, and I am well aware that many of these have missed it very much.

We have no specific "road map" to tell you when we can revert to printed format; we are seeking urgent guidance from national and church authorities. (See parliamentary question and answer in box below.)

Meanwhile we continue to depend on contributors, and we really do appreciate the items we get sent. Keep them coming, friends!

Christopher C. Jenkin

(P.S.: How much longer will I continue as Editor? I don't know! For a year or two yet, I hope - maybe until my 100th issue! But if anyone out there feels they would like to have a go, do get in touch!)



<https://questions-statements.parliament.uk/written-questions/detail/2020-05-04/42991?fbclid=IwAR1zTNASKEoeZ2lVZftKzhEou-iFGB9a9rztg99PPGFGAMOPHIK7NXjHjo>

James Bowes of Ghyll Bank Farm, Raisbeck, with a new friend!

Upper Eden Medical Practice

Covid Vaccinations update:

We will be contacting the patients who had their first vaccination in week commencing 18th January. This group of patients had the Astra Zeneca vaccine so we are able to give the second vaccines here at Kirkby Stephen Health Centre on SATURDAY 10th APRIL. Please wait to be contacted. Do not phone the Practice.

Our housebound patients who were vaccinated on 21st January will be given their second vaccines on 7th and 8th April. You will be contacted prior to this date.

We do not have a date for the vaccinations given week commencing 25th January yet but we will update you as soon as we can.

We hope the following schedule will help patients when to expect their second vaccinations. We have no exact vaccine delivery dates so the clinics are not booked on to our system yet:

1 st dose week commencing:	2 nd dose week commencing:
25.1.21	12.4.21
1.2.21	19.4.21
8.2.21	26.4.21
15.2.21	3.5.21
22.2.21	10.5.21
1.3.21	17.5.21
8.3.21	24.5.21

Prescription Charge Rise from 1st April 2021
£9.35 per item

Pre-payment certificate prices are also rising:
3 months certificate £30.25
12 month certificate £108.10

If you get 4 or more items in a 3 month period or 12 items in a 12 month period it is worth considering buying a pre-payment certificate, it will save you money.

If you need any further information, please speak to a member of our dispensary team.

<https://www.upperedenmedicalpractice.co.uk/News/a778c2d8-e6e9-49a0-a0cf-ba9191fb690b>

☎: 017683 74015



Orton Surgery and Shap Medical Practice

COVID VACCINATIONS

We are delighted to say that we are close to finishing the first dose of COVID vaccinations for our patients who are aged over 50 or have specific underlying health conditions.

We are also delighted to inform you that we have finished inviting our patients who are aged over 70 for their second dose of vaccines. We are currently busy arranging all second vaccine appointments for patients who had their first vaccine in early February.

For the most up-to-date information follow the Eden Primary Care Network Facebook page as the situation changes quite quickly. Once again, thank you for all your support.

APPOINTMENTS

Sadly it is not possible at the moment to book a face to face doctor's appointment at Orton surgery. The doctors and nurses are continuing to operate a "telephone first" system at Shap Medical Practice. It is also possible to have a video consultation if you wish.

If a face to face consultation is needed, it will be arranged for you on the same day at Shap surgery. Some telephone and video appointments can be pre-booked online, otherwise contact the surgery at 8.30am to arrange one. Surgery attendance for appointments will be kept to a minimum to reduce the risk of infection to our patients.

Please check the NHS 111 website if you are unwell with cough, fever or change in sense of smell or taste symptoms.

MEDICATION

Prescriptions will be available for collection from the Orton Village Hall between 10am and 11am on TUESDAYS. Any not collected will be returned to Shap.

If you are shielding or have difficulty collecting your prescriptions please let us know. We can arrange delivery or refer to the 'Good Sam' Service for help.

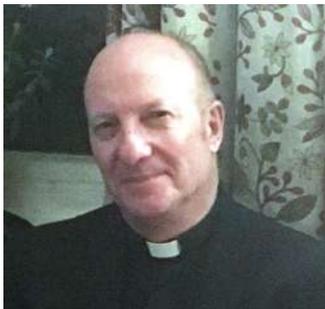
If you have internet access then please check the practice website and Facebook pages for updates.

Dr. McCabe Dr. Woodstrover Dr. Kehoe
and all the staff 01931 716230

<https://www.shapmedicalpractice.co.uk/>

REFEREE?!!

As you read this article, we, as a High Westmorland Benefice, will be preparing to say goodbye to Rev Alun Hurd after four years of faithful ministry on the field. We were hoping for extra time, but sometimes the ref blows his whistle, and we have to accept that the game, as we know it, is over. So, as this player leaves the field, it's time for us, the crowd, to put our hands together and show our appreciation for his performance.



Alun was certainly worth the transfer fee in 2017 and proved himself a competent player in his skilful tackling of awkward situations (and sometimes people!) with the wisdom and finesse that comes from years of experience in the game, and without any sign of creaky joints!

He showed fancy footwork on the pitch but also some amazing fretwork on his bass and acoustic guitar, and over the years we've had some great times of worship together. While he showed reverence for the inspired hymns of old, he also embraced contemporary styles of music. A bit of U2 on a Sunday morning at Ravenstonedale is a case in point!

Alun was highly versatile as a team player. He could play defence well, with the humility and strength of character that requires, whilst pushing up front and urging us to look forward as a church and envision a better and brighter future. He also

The retirement of Rev. Alun Hurd

As the item above tells us, Rev. Alun is moving on to new things (in retirement) and will be finishing his service with and to the High Westmorland Benefice, comprising the churches of St Patrick's, Bampton; All Saints, Orton; St. Oswald's, Ravenstonedale; St. Michael's, Shap; and St. James, Tebay.

As churchwardens of the three churches covered by the Link, we have agreed to make a collection to offer to Alun in recognition of his service since he joined us in March 2017 (we think he may want to donate it to charity, but that's his call).

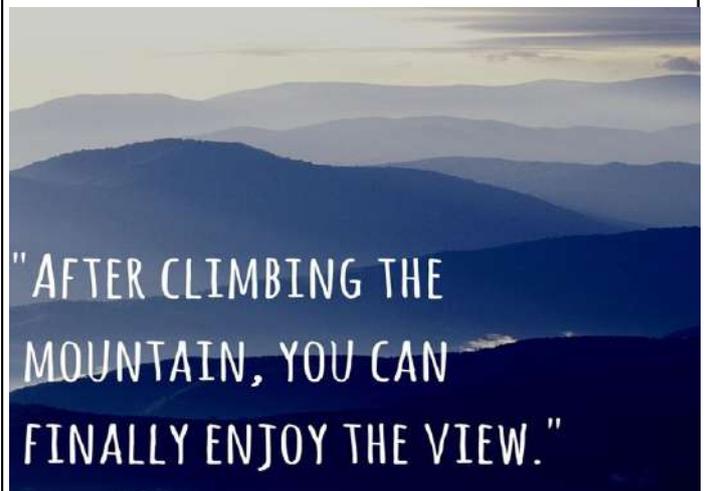


brought a youthful, and mischievous, humour to everything he did, and that is one of the things we will miss the most about him.



Alun in the Friends of St Oswald's Supper Theatre 2019 production of "#Find Cinderella"

It remains to say, thank you so much, Alun, for being faithful to your calling and serving us well over the last four years. We wish you well in your retirement, and while you might be on the bench for now, we hope you will be available (and fit enough) to play the odd match from time to time!



If you would like to contribute to the collection, there are several ways you can do that:

1. You could make Covid-safe arrangements to hand over a donation to your church treasurer, or
2. Donate online using either the link below, or by scanning the QR code with the camera on your smart phone (which will take you to the donation web page).

You don't need a Paypal account to use this service, you can use any bank card to donate:



<https://www.paypal.com/pools/c/8x4jzqUz25>

TEBAY PRIMARY SCHOOL

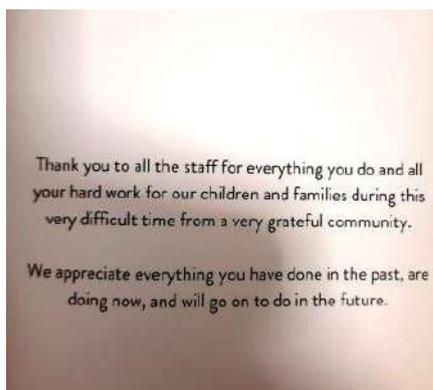
On Monday 8th March we welcomed the children back to school. Each child came through the school gates with a huge smile on their faces, excited to see their friends and their teachers. They have all settled back into school really well.

The school has received some amazing 'remote learning' feedback from parents:

'My girls have had a regular, sensible timetable, daily online teaching and fun activities, and seen their friends and teachers every day, albeit virtually. Compared to other parents with kids at other schools we seem to have had the most amazing home-schooling experience in lockdown 3. Cannot thank the staff enough'.

'Just want to say on behalf of everyone a huge thank you to all at Tebay School for everything during both lockdowns, you are all amazing and we are so lucky to have such a wonderful school with such amazing staff. You all have the patience of saints and have been a lifeline to many during this pandemic'.

The staff received 2 lovely surprises on the first day back. A lovely bunch of flowers were delivered through the post and a box of goodies were brought to the gate from Kirkby Stephen Community Support. All the staff would like to say a huge THANK YOU.



Tracy Morland, School Administrator.
Tebay Primary School. Tel: 015396 24239
admin@tebay.cumbria.sch.uk

World Book Day – Lockdown March 2021

We celebrated 'Lockdown' World Book Day on Thursday 4th March. Children in the hub came to school dressed as their favourite book character's and children at home joined their remote leaning also dressed as their favourite book character, Mrs Bland read a story to everyone.



Tuesday Tales

Through lockdown the children have enjoyed 'Tuesday Tales' via TEAMS, children at home made reading dens, got their favourite cuddly toy or pet and sat back and listened to Mrs Bland read a story every Tuesday afternoon.

Litter picking

Nursery pupil Harvey and his mum were very disappointed when they went for a walk to the river at the amount of litter they saw on the way. Harvey's mum, Jazz, told us:

"This morning, Harvey & I went for a walk to the river. We were so disappointed with the amount of litter we saw on the way. I explained to Harvey it was naughty people leaving rubbish there and it could hurt the insects and animals. Harvey then said let's pick it up. So we went home, got a bag + gloves and picked it all up.

THERE IS A FULL BAG OF LITTER HERE JUST FROM OLD TEBAY TO THE BRIDGE! Proud of my little man!"

Everyone at school is very proud of you too, Harvey - well done!



Tebay Primary School has places for children in Nursery for April and September 2021. We can offer COVID secure school visit's for potential new starters contact 015396 24239 or email

admin@tebay.cumbria.sch.uk
to arrange a visit.

Visit our school website:

www.tebay.cumbria.sch.uk



Eternal Springs

Today I am digging
Turning over earth
Hefting out big rocks
Making a bed for
raspberries
And I thought of you
Mum and Dad
I thought
This is what you taught
me
This is what your parents
taught you
And this is what my
children
Will learn from me
It will not
Save the world
But it is good
Today I am digging
And I am thinking
Of those whom I love
Repeating our histories

Anonymous



Did you know?



Tebay Primary School Nursery....

- Nursery places available – April and September 2021
- Government funding is available for the term following their 3rd birthday – free 15 hours per week.
- Ability to pay for more hours if needed
- Half and full day sessions available.
- We offer 30 hour's provision for those eligible.
- Varied activities following the EYFS curriculum
- Small class sizes; all needs are catered for.
- Fully qualified staff.
- Extensive outdoor learning.



We would be happy to show you around (COVID safe) and discuss your child's individual needs



For more details or to arrange a visit contact Tracy Morland on 015396 24239 or email admin@tebay.cumbria.sch.uk



Full-Time Nursery Places Available

Did you know that Orton CE Primary School can offer Part-Time, Flexible or Full-Time Nursery Places for children from their 3rd Birthday?

Nursery care is offered from 8am—5.30pm Monday to Friday during term time.

Orton CE Primary School is a really happy and caring setting where experienced staff work hard to meet the needs of each individual child. We accept Nursery vouchers and can support you with applying for any Nursery funding that you may be entitled to.

If you would like to find out more or arrange a visit please get in touch with either Vicky or Emma at the school on 015396 24268

email - head@orton.cumbria.sch.uk

<https://www.ortoncofeprimary.co.uk>

Orton CE School is a happy place to learn, grow and thrive.

HE IS RISEN

Colouring, gluing, planting,
searching, eating, making....

FAMILIES Celebrating Easter Together
from sadness to hope
Easter Activity Pack

Order a *free* pack
for your family today

You can order your pack by:

- Leaving us a message on Facebook page /
contact us on Messenger

 FamiliesTogetherTebayOrton

- Calling Tracey on 07811 610133

- Emailing Families_Together@googlegroups.com

The Easter pack is FREE and contains a
variety of craft and activity ideas for all
ages, as well as some treats and a booklet
featuring the Easter story.

WESTMORLAND DALES APPRENTICES
ARE ALL SKILLED UP

The Westmorland Dales apprentices have now
completed their 18 month Skills for the Future
apprenticeship and are on to pastures new.



During their last month they were kept busy with many
projects including gate making and fencing at Gamelands
stone circle.

On their last day I arranged a modest Covid secure
graduation ceremony for them to celebrate
their success, when they were presented
with a certificate and photo book to
remind them of their
achievements.

They have all been
successful in securing



employment, thanks to the experience they have
acquired here. Sarah has taken up her position as
Assistant Project Officer with West Cumbria Rivers Trust
where she is working on a natural flood management
project on the Rivers Cocker and Glenderamackin. Billy
has started work with Continental Landscapes, based
close to where he lives and working all round the South
Lakes. Both are enjoying their new jobs and work
colleagues. Rebekah is looking forward to taking up her
university offer to study Environmental Science, after
which she plans to use her knowledge to become a
conservation specialist. Abbi is staying in the Yorkshire
Dales and soon to start as an Assistant Project Officer
with Yorkshire Wildlife Trust working on the Wild
Ingleborough project. All are putting the skills learnt in
their apprenticeship to good use. I wish them well.

If you would like to see them in action watch the Skills
for the Future film here:

www.thewestmorlanddales.org.uk

Belinda Lloyd, Apprentice Supervisor

For more information about the Apprenticeship Project please
contact Belinda Lloyd at:

Belinda.Lloyd@yorkshiredales.org.uk

or call 01539 756620



Hot, Cooked Food, delivered locally!

There are several local businesses who deliver hot food to our area, in one case, to your home (for reheating at your leisure), and others arriving in a van to serve you where you can come and collect it.

The Link decided to feature some of these, both to encourage such businesses developing their market in a difficult context, and to inform our local residents where and when they can obtain tasty food, as a change from home cooking!

Seasons & Stone Ltd

This small family-run business is based in North Stainmore. They provide a range of home-cooked, vegetarian dishes, which can be eaten fresh or frozen to enjoy at a later date. They cook seasonally and source locally, and supply their food in bio-degradable and compostable packaging.



Order Monday, they will deliver to your home on Thursday - at present twice a month - a new menu each time.

Ring up for details of March's menus, and place your order by phoning **07590 919085**

The Mini Eden Coffee Outreach Van

The wait is over! Barista prepared coffees, teas, plus cakes and snacks are coming to your village! Locally

sourced artisan produce, lovingly prepared, at affordable prices. Our Van will also be fitted with lego play and activity panels, to help make your visit fun for the little people, too. Children's clothing and gifts from our Kirkby Stephen shop can be brought to you by request, or to browse.



TEBAY (Social Club Car Park)

Tuesdays 9am – 11am

CROSBY RAVENSWORTH (in Butchers Arms car park)

Tuesdays 12noon – 2pm

SMARDALE NATURE RESERVE - Saturdays 11am – 3pm
(starting 3rd April*)

in partnership with the Cumbria Wildlife Trust - 10% of sales will go to the CWT

Card payment preferred, please follow the social distancing measures we have in place

*Covid restrictions permitting – please do keep an eye on www loveminieden.co.uk or follow us on Instagram / Facebook @loveminieden for regular updates, news, and offers.

Thursdays

at Tebay Recycling Centre

adjacent to the tennis courts

17.30 - 19.30



Fish & Chips from Shap Chippy

Order from Shapchippy.co.uk

Fridays

at Tebay Recycling Centre

adjacent to the tennis courts

Takeaway Burgers, £5

(Beef, Wild Boar, chicken, mixed veg)

Add portion of crispy fries for £2.

Text Marc on 07754 083525 with your order, and the time you would like to pick up

Or for more details go to

<https://www.facebook.com/Lancscatering/>

Saturdays

at Tebay Recycling Centre

adjacent to the tennis courts

Pizzas

PIZZA ARTIGIANO

served from 5 till 9 every Saturday

Stonebaked 9" artisan pizzas with the menu changing weekly.

Please message [@pizzaartigino](https://www.facebook.com/pizzaartigino) on Facebook or Instagram
Phone 07572 349214 to book a slot

Follow the clues,
find the eggs,
experience the story

Tebay or Orton churchyards, any time
between 2 & 5pm on Saturday 3rd April

As you hunt for eggs you can explore the Easter
story with your family (in a covid-secure way) –
with chocolate eggs to be won!

The trail will be managed by members of the
Families Together team, who will provide all that
you need to complete the activity. Entrance into
the trail will be staggered to enable social
distancing. Hope to see you there!

Chocolate Egg prizes!

FAMILIES Celebrating Easter Together
from sadness to hope
Easter Egg Trail



“The Glasgow Girls were a group of around 16 women who made a significant contribution to Art between 1890 and 1920, about the time of the Arts and Crafts and Art Nouveau Movements. Most of them attended the Glasgow School of Art as pupils and teachers.” So began the Appleby Arts Society March Zoom lecture given by Elaine Hansen, an Art teacher for many years and a guide at Kelvingrove Museum and Art Gallery. She picked out six of ‘the Girls’ to illustrate her talk.

The enlightened Principal of the Glasgow School of Art at the time, Francis Newbery, encouraged women to come to the College and be original in their designs, and steered them towards a broad range of disciplines like ceramics, metal work, textiles and embroidery as well as fine art, so they might be able to make a living and become independent. He married one of his students, Jessie Newbery, who established the school of Embroidery there; she encouraged originality in her pupils and designed women’s clothing. Like the rest of the Girls she wanted to wear loose flowing garments to be able to work comfortably, not corsets and stays, and this is perhaps the origin of the term ‘loose women’- women who wore loose clothing which also signalled independence and freedom.

Ann Macbeth designed banners for the city of Glasgow and for the Suffragettes of which she was a member; she was imprisoned and force-fed for protesting. She designed beautiful silk embroidered panels, and when she came to live in Patterdale in the 1920s, held rug-making classes for local

women and made embroidered hangings for St Patrick’s Church. ‘The Nativity’ (*right*) is worked on linen with coloured wool and depicts the mountains surrounding Patterdale village. Jessie King won medals in Germany, Venice and Turin for her book illustrations. Liberty of London employed her to design wallpaper and jewellery. Bessie



MacNicol had to go to Paris to learn to paint nudes, as it was not considered suitable for women here. She also spent time in Kirkcudbright with the artists’ colony that grew there. The final two members of this group are the Macdonald sisters, Frances and Margaret. They set up a studio in Glasgow in 1896 working in beaten metals and water colours. They attended day classes at the College and both married painters, Frances to J.H. McNair, Margaret to Charles Rennie MacIntosh in 1900. This fascinating lecture introduced to many listeners a group of talented women not often heard about.

The next Zoom Lecture is on **Wednesday April 14th** and is called “**Tantrums and Tiaras: Behind the scenes at the Royal Opera House**” by Nigel Bates who is Musical Administrator of the Royal Ballet, and a percussionist for many years with the orchestra.

Non-members of The Arts Society can view lectures at £5 per session. To do so please contact:

artsoc.appleby@gmail.com

For further information please contact taswestmorland.org.uk

Mothering Sunday

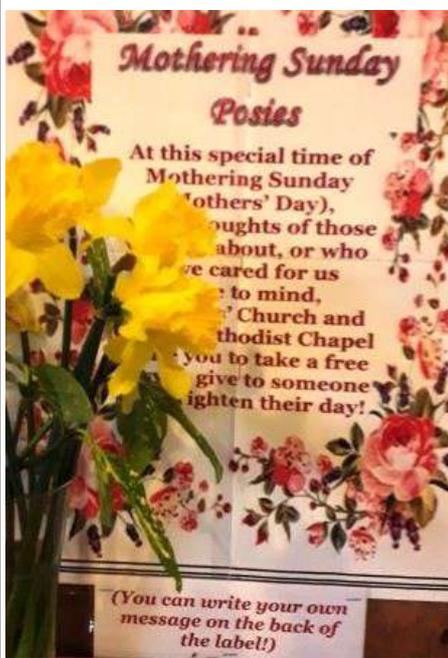
Posies

It wasn't 'Tulips from Amsterdam' in Tebay and Orton on Mothering Sunday but 'Daffodil Posies' from our Chapels and Churches!

Some worthy volunteers made over 300 posies to be put out in our villages for anyone to take and give to Mums, Grans, and anyone who might need cheering up to make this day special. It was a lovely chance for anyone including children to give some pleasure to their neighbours, family and friends who were especially missing family visits this year. What an opportunity it was!

So many folk have expressed their thanks and appreciation of the way Mothering Sunday was made special in spite of lockdown and missing our church services.

Thank you to all involved in this - it was a very welcome and thoughtful gesture.



OWLS, HOWLS AND WOLVES



"Ululate. When a wolf throws back its head and howls, it ululates." So said our second year English teacher, Miss Millray. It's a word I never see written. It never appears in any cryptic crossword clue that I have solved and yet to utter it is pure joy. Like an illicit teaspoon of set honey surreptitiously removed from the jar, the word curls with your tongue around your mouth, and each syllable rides on an exhaled breath like a gentle breeze.

"'Ululate' - to howl or wail with grief, from Latin, *ululare* to howl, from *ulula* screech owl."

Owl? How can 'owl' be related to 'wolf'?

'Owl', the word, is derived from the Old English 'ule', and it has its equivalents across Europe. '-uil' in Dutch, in German 'eule' and in Old Norse 'ugla'. Somewhere, in the distant origins of our language, a root word was formed to denote and imitate the cry of the wolf.

Across the valley, in view of Dyke Farm, there is a farmstead called Ewelock Bank, but known locally as 'Ullet Bank'. On the old maps 'Ullet Bank' is 'Owlet Bank'. There is no mystery as to how the name became 'Ewelock' - the simple reason is that the present family changed the name when they moved to the farm in the 1950s. I have not

asked whether nestlet owls still reside over the valley, but they certainly do at Dyke. Tawny owls come and go throughout the year. In pairs they hunt, hooting and squeaking, unseen in the night. In the early summer, the twilight of the day resounds with the tweets of the owlets, calling for food. But are their night time cries as fearsome as a wolf's howl?

For the past couple of years, towards the end of summer, when the owlets are dispersing and finding their independence, two have taken up temporary residence in our hay barn. At the back of the barn, myopia means that I cannot see their perch, but they see me. A whisper of breeze passes me by just above my head, as one owl swoops to escape through the open barn door. The second owl follows and in the fading light of the late afternoon I watch them leave.

In the Howgills, east of Tebay Fell is Uldale. Like all of the narrow Howgill valleys it is guarded by steep sloping fells. The name means 'the valley of the wolves'. 'Ulfr' is Old Norse for 'wolf'.

'Ululate'. Owls, howls and wolves. How rich the English language is.



© Felicity Lawler
2nd May 2018



Village Planters

FAMILIES PLANTING TOGETHER

Over 100 bulbs, with flowerpots, peat-free potting compost and planting instructions, are being offered this April to residents of Orton and Tebay, and you are invited to join in this exercise! It has three purposes:

- So that we will enjoy and learn from seeing an apparently dry, dead thing like a bulb begin to show life and growth; and as we care for them and nurture them, we will enjoy seeing them at last produce beautiful flowers. (This is rather like the message of Easter - out of "death" comes new life!)
- So that when the bulbs have developed enough, and when the danger of frost is past, they can be planted out into six wooden troughs, three for each village, being specially made by Adrian Allen of Tebay, to offer beautiful and colourful displays to bring pleasure to residents of our villages, and to people who pass through.
- After our hard experience of the Covid pandemic, we are now moving towards hope of better times. It seemed good to symbolise this with something "bright and beautiful". Future plantings will be reminders of what we have learned: the caring love in our community, the valiant struggles of the health services, and the brilliance of science research - all, we believe, gifts of a loving God.

The plan is that the metre-long troughs will be placed at particular points in Tebay and Orton, and that local families and other residents - especially those who have planted and nurtured the bulbs at home - can take pride in keeping them watered and

weeded, to give continuing joy throughout the summer.

If you would like to be given some of these bulbs to plant and grow in your home (perhaps on a windowsill) or in a greenhouse until we are safe from frosts, please contact:-

- for Tebay, Tracey Huddleston (07811 610133; danandtracey@hotmail.com);
- for Orton, Mary Jenkin (015396 24410; maryjenkin@gmail.com);
- or, if in doubt, linkpines@hotmail.co.uk.

You may ask for specific bulbs if you like (we will



have Tuberous Begonias, Dutch Iris, Gladioli, Freesias, Sparaxis (*Harlequin Flowers*), Lambada Lilies, *Liatrix spicata*

(*"Gayfeather"* or *"Blazing Star"*), and Anemones), or you can just take pot luck! (*Pot luck...! Geddit?*) And ask for as many as you can cope with, or of course just one.

We expect in due course to contact (by email and/or Facebook) all who have been caring for the growing plants, so that sometime towards the end of May - perhaps at the Whitsun weekend, May 23rd - we can bring our young plants and transplant them into the troughs, where they can grow on until they flower. This needs care and coordination, as the flowers need to be set out in appropriate groups and with the best spacing.

And then, as they bloom - enjoy!

Orton

Orton Church Exhibition

It is with great regret that we have to report that our usual Church Exhibition will be cancelled again for 2021. This means that we have now lost the income from two Exhibitions plus over 12 months' Coffee Morning events.

Let us hope that we may be able to recommence our Coffee Morning events in the "not too distant future" so that we can enjoy meeting together again and also raising some money for the work of All Saints' Church.

Chris Bland, Churchwarden



CHRISTIAN AID WEEK

This is a reminder that the above will take place 10th to 16th May, and because of the Pandemic all giving will need to be online. Full details will be in the May edition of *The Link*.

Olive & Chris Bland

Bus Shelter Book Swap



We want to thank the whole community of Orton and further afield, who have

supported the "Book Swap" in so many ways.

People have given a variety of books, jigsaws, games, CD's etc., all of which are much appreciated. Also a huge thank you for the gift of bookcases. There are just as many books stored in our conservatory, to replenish the shelves in the bus shelter.

Thank you all again for your kindness, which is typical of the Orton Community.

Olive and Chris Bland



**The Square,
Orton, CA10 3RX
015396 24225**

If you have been advised to self-isolate due to Covid-19, we will be happy to deliver any shopping you need. This service is free to the Orton village area.

The only thing we would ask is, if possible, to refrain from ordering either on Fridays or Saturdays, but we would welcome orders on Mondays, Tuesdays, Wednesdays and Thursdays.

Please note we have daily deliveries of fresh milk, fruit and vegetables usually before 9:30 am.

PLEASE ADHERE TO THE FOLLOWING:

WE HAVE REVERTED TO

**ONLY TWO CUSTOMERS IN THE SHOP
AT ANY ONE TIME.**

NO FACE COVERING = NO ENTRY

Customers and colleagues must wear a face mask unless exempt. Please do not take offence if we ask for proof of your exemption - we are trying to protect our customers and colleagues.

YOU MUST SHOP ALONE UNLESS YOU ARE A CARER OR WITH CHILDREN.

FOR VULNERABLE CUSTOMERS WE CAN ARRANGE EITHER A HOME DELIVERY OR ACCESS TO THE SHOP OUTSIDE NORMAL OPENING HOURS.

Best wishes and keep safe.

Jayne and Neville Grove

Orton.village.stores@btinternet.com

Temporary opening hours

Orton Post Office will NOT close for lunch on Tuesdays, Thursdays and Saturdays.

Post Office		Shop	
Mon:	CLOSED	Mon:	9-6
Tues:	9-5	Tues:	8-6
Wed:	CLOSED	Wed:	8-6
Thurs:	9-5	Thurs:	8-6
Fri:	CLOSED	Fri:	8-6
Sat:	9-4	Sat:	8-5

Tebay Post Office

will be open as at present on Mondays, Wednesdays and Fridays, closing for lunch between 1 and 2 p.m. This means that you will have access to an open Post Office six days a week.

Easter Sunday
 Sunday 4th April
 5.30 - 6pm - on Zoom

We're meeting on Zoom to share together what we've been up to, have a bit of fun – and eat Easter eggs, of course!

Joining details will be out on our Facebook page soon – make sure you like and follow us!

 [FamiliesTogetherTebayOrton](https://www.facebook.com/FamiliesTogetherTebayOrton)

FAMILIES Celebrating Easter Together
from sadness to hope
Easter Eggstravaganza!

**Yorkshire Dales National Park Authority
 Provides Updated Guidance For Visitors And
 Residents**

Bainbridge, 26 March 2021

Ahead of changes to lockdown rules in England next week, the Yorkshire Dales National Park Authority has updated its guidance for visitors and residents.

Neil Heseltine, Chair of the YDNPA said:
 “From Monday March 29th everyone should follow the Government guidance to stay local, minimise travel and not to stay overnight.

“We’re already looking forward to April 12th when we can all travel more freely, with local hospitality back open and visitors welcome to come and stay. In the meantime, we’re asking everyone to stay local and to minimise travel to help keep themselves and our local communities safe so we can move out of lockdown in a planned and considered manner.

“We are all too aware of how difficult the past year has been for everyone, but we can see real light at the end of the tunnel. However, we need to show patience and respect for others so we can all enjoy what I hope will be a wonderful summer.

“For the moment the vast majority of local businesses remain closed, including cafés, restaurants, pubs, and many local shops. So, from next week onwards we would ask everyone to:

Respect the Land – Exercise within your limitations to keep pressure off local resources, and know the countryside code (you can [download it here](#)).

Respect the Community – We recognise that many in the local community are amongst some of the most vulnerable

groups of people. While walking, please keep a safe distance from homes, schools, and farms.

Respect each Other – Stay two metres apart, keep within your family/household groups, and avoid gathering in Dales towns and villages. Finally, be kind and respect one another – whether visitor or local.

The National Park Authority ranger service will continue to support North Yorkshire and Cumbria Police across the National Park this weekend to help keep everyone safe as National Lockdown restrictions remain in place.

The latest COVID-19 guidance for people living and working in the National Park is updated regularly here:
<https://www.yorkshiredales.org.uk/category/covid-19/>



Bridge near Hawes in Upper Wensleydale
 Yorkshire Dales National Park Authority

Orton Market Hall

Your views invited

The small team that manages Orton Market Hall is planning improvements to the venue in the coming months and years. We would like your help in shaping our planning and would love your input!

What would you like to see change? Have you thoughts on any of the following?

- Are there any improvements to the internal fabric of the hall which you feel would improve your experience of the Hall?
- Are there any improvements to the external fabric of the Hall which you feel would improve your experience of the Hall and your access to it?
- Are there any internal fixtures and fittings that you feel are inadequate?
- Have you ever booked the hall for an event? How did you find the experience and is there anything we could improve in the process?
- Have you ever used the kitchen facilities for catering? Are there any improvements we could make in terms of equipment or other aspects?
- Is there anything else that you'd like to feed into the planning so that Orton Market Hall continues to be a useful and well-used facility in the village?

Please email your comments to Fran Fryer (Trustee) – fran5647@hotmail.com or telephone 07468 562924 by Tuesday 20 April. Thank you.

PS If you would like to join the team to help with our future planning and ongoing management, please let Fran know.



Goodbye and Thank You!

After many enjoyable and happy years in Orton, we would like to say "Goodbye!" and heartfelt thanks for the friendliness, kindness and support shown to us, particularly in the immediate past.

We will be back to visit because Alison loves visiting here, so it will be Farewell and not Goodbye!

Bill and Iris (Wilding)
Threeways, Orton



Alpaca Poo

Since the advert went into *The Link* we have raised over £150 for All Saints' Church by selling bags of alpaca poo!

Elizabeth Crossley



Looking for Spiritual Food?

On Zoom

Every second Thursday

8.00 – 9.30pm

8th April John Coles

THE FILLING STATION

Email kristy@pattimore.com for the Zoom link

ORTON FARMERS' MARKET

next market

Saturday 10th April

Leanne | Market Coordinator

Orton Farmers Ltd

07969 335598 info@ortonfarmers.co.uk

<http://www.ortonfarmers.co.uk/>

THE OLD COURTHOUSE, SHAP

Visit www.theoldcourthouse.org



Library Link reopening

Monday 12th April

(subject to government guidelines)

We are looking forward to reopening the Library Link facility.

Opening hours will be Monday 10am - 1pm. Friday 2 - 5pm, Saturday 10am - midday. Use of the Library will be subject to all the usual facemask wearing, hand sanitizing and social distancing measures.

Changes - You will not be able to make Book Requests but CCC Library Service are hoping to make arrangements for a Click and Collect system to operate. You are requested not to scan any returned books but to deposit them straight into the Book Drop Box provided then use hand sanitiser before choosing new books. Any returned books will be re-shelved after appropriate resting time. The self-service machine will be in operation to allow you to record books taken out.

Gallery - we hope that as you use the Library Link facility you will appreciate the artwork on display in the gallery.

Events – although we haven't been able to hold events at The Old Courthouse in this latest lockdown we have held several Zoom events organized with Wordsworth Grasmere that have provided enjoyment. Poet, John Hegley took part in our 'Roots and Routes, Stones & Stories' spoken word evening on 11th March. On 15th March Jeff Cowton, curator of Wordsworth Grasmere gave an interesting virtual tour showcasing objects, manuscripts and artwork that illustrated the lives and relationships of William and Dorothy Wordsworth and Samuel Taylor Coleridge. The OC Writing Group continue to meet monthly on Saturday mornings via Zoom.

If you would like to take part email

s.allen@wordsworth.org.uk

or janet@theoldcourthouse.org for information.

Monthly Market – The Old Courthouse are keen to encourage opportunities for local artisans and we are collaborating with Shap Parish Council regarding the holding of a market on the fourth Saturday of the month. Due to current restrictions there will only be food stalls present outside the Memorial Hall on 24th April but we hope that by 22nd May we will have a good variety of art and craft stalls taking part both indoors and outdoors at The Old Courthouse.



Orton farm starts journey to 'net zero'

Yorkshire Dales National Park Authority,
Bainbridge, 23rd March 2021



"We are enthusiastic about the changes that can be made to the farm," said Jenny Bowes by the lambing shed.

Ghyll Bank Farm at Raisbeck, near Orton in Cumbria, which she runs with husband Lenny, is one of ten farms in either the Yorkshire Dales National Park or Nidderdale Area of Outstanding Natural Beauty (AONB) about to undergo a full 'carbon audit'.

Contractors from [Farm Carbon Toolkit](#) will visit each of the ten farms over the next few months to make a detailed assessment of feed, fertiliser, slurry and diesel use together with an assessment of possible carbon sequestration.

Even smaller details – such as the type of fencing posts and wire being used – will be looked at.

Plans will then be drawn up to identify actions that could be taken to make the farms more sustainable and put them on a path towards achieving 'net zero' carbon dioxide emissions.

Jenny and Lenny Bowes became tenants of Ghyll Bank Farm last year and run 1000 sheep, 70 suckler cows and six sows, as well as turkeys for Christmas, on 600 acres of grassland.

Mrs Bowes, originally from Hunton in Richmondshire, said: "We want to know how we can reduce our carbon emissions, and how we can do that while maintaining and improving the business. We are concerned about the future of the environment and we just want to make it better. We are enthusiastic about the changes that can be made to the farm."

The Bowes already have a pasture-fed system and have been stitching in herbal leys and wildflowers to the grassland to deepen roots and improve soil structure. They have planted trees by Rais Beck and Tarn Syke and are planning to begin restoring three traditional wildflower meadows this year.

Lenny Bowes, from lower Wensleydale, said: "We try to farm quite regeneratively but we need to get a better understanding of what we do and how it affects our carbon footprint. We're hoping that by next year we'll have the information we need to put together an action plan to make changes. We are looking for data written down in a form that other people can make use of."

News from rton School



The 'Great Orton Cook Off.'
 Class 2, 3 and 4 have been putting their kitchen skills to use; whilst thinking about seasonality and healthy eating. Apple Crumble Cake, Lemonade, Humous and Smoothies; have been on the menu this half term! We have all had a great time being back in school and working together.



Class 1

In Class 1 our R.E. unit of work this half term is 'How do we look after our World.'
 As part of this we have been learning to sing 'All things Bright and Beautiful.'

Take a look at some of our fabulous illustrations of Gods World.



www.ortoncofeprimary.co.uk



News from All Saints' Church, Kasese, Uganda
(parish linked with All Saints', Orton)

WhatsApp correspondence with Rev Nelson Walina.

28th February

As I told you about new ministry - in addition to Expectant Women ministry, we now have Couples Corner Services. These are for newly married couples. The major focuses are on non-violent families and parenting, with Bible study and fellowship; supporting their own projects for children's tuition fees. This lovely event took place at the White House hotel (the owner of which is a church council member).



8th March

Our second boy Filex came from Kampala yesterday, very sickly. Needs your prayers. He came for parental care and attention. There is much hope of healing upon our boy. We got a communication from Rev Alun Hurd about a bereavement in Bampton. We convey our greetings and at our Finance and Planning meeting this evening we will pray for the family.

From us: We will pray for Filex at Morning Prayer. Might this be Covid?

Not Covid at all. We thank you for minding about us as family, and our church ministries.

My Lay Reader led the prayers for your bereaved family.

(Pictured, right)



We also continue our fundraising planning; we have a Professionals Day on 2nd May, fundraising for the Church land project. If possible on your side, you find men and women professionals from Orton Church or elsewhere to join us that day.

From us: We prayed for Filex this morning. I will mention your Professionals Day in the April parish magazine. But there are few working professionals in our churches as we are almost all elderly pensioners, the common pattern in UK village churches.

20th March

I have partially opened expectant women ministry Saturday fellowship. Harriet is giving a testimony.



26th March

We appreciate your prayers for us! Zaketi, our cashier (= treasurer) has given birth today at St Paul's Hospital. A bouncing baby boy on C-section. Firstborn! (Zaketi is on our staff and is given maternity leave.) Continue praying for Jennifer, my daughter, also expecting her first child very soon.



**Join us*
for our**

Virtual Coffee Morning!

Every Wednesday morning from 10am

For access (meeting ID) contact . .
Alun Hurd – alunjurd@gmail.com or
Fran Parkinson – curate.hwparishes@gmail.com

Bring your own refreshments!

**The churches of High Westmorland*

Our advertisers

Please support our advertisers, and when you phone one to ask for their services, please tell them that you saw their advert in **The Link!**



Heritage Talks on The Westmorland Dales

thewestmorlanddales.org.uk

We have a fabulous selection of **ONLINE** heritage talks this spring from neolithic discoveries to ancient routeways and distinctive limestone geology.

To attend any of our online talks, click on the button below to complete your details and reserve your place on one or more of the talks featured. We will get back to you with your confirmation details and instructions on joining the Zoom talk/s. We look forward to seeing you online!

If you have any questions in the meantime, please do email us at westmorlanddales@fld.org.uk.

Reserve a Place

Clints, Grykes, Kettles and Thunderstones - revealing the geology of the Westmorland Dales

- **31st March** - Time: 3pm
- Sylvia Woodhead, Cumbria GeoConservation

The landscape and heritage of the Westmorland Dales is founded on its geology, dominated by Carboniferous limestone but subtly different to elsewhere within the Dales. This talk will aim to reveal this geology from its stunning limestone pavements to its scattered glacial erratics, and what we're doing to help people enjoy and explore the area.

Gamelands Stone Circle: Reassessing the past through community archaeology

- **14th April** - Time: 3pm
- Dr Douglas Mitcham, Community Heritage Officer, Yorkshire Dales National Park Authority

In this talk the YDNPA Community Heritage Officer will briefly explore the history of Gamelands Stone Circle and give an overview of progress to date with the Gamelands WDLF project. This aims to undertake a small scale community archaeology project at the site, in order to better understand the monuments prehistoric past as well as its more recent history. A significant amount of the planned fieldwork has now been completed and it is hoped we will be able to finish it later during 2021. Work on interpreting the results is ongoing, with this talk focusing on progress and future prospects, with some initial conclusions from the work so far.



Eden Network Youth Church



Report from Rachel Milburn
Deanery Youth Worker

NETWORK
YOUTH CHURCH

What's been happening?

The Covid situation has had a massive impact on my work this year. I was furloughed by the Diocese from April until the end of August with the hope that when I returned to work in September all things Covid related would have settled down and I would be free to pick up where I left off. I was faced with the realisation that this wasn't going to happen. It was apparent that the majority of the work that I had previously established was now 'washed away'. I felt such sadness, disappointment and despair that it felt like grief and each day was such hard work. I had to adapt to a new way of thinking, learning and delivery of sessions. Zoom became a new way of interaction with my team-mates, colleagues and young people but a zoom coffee and catch up is nothing like the real thing. Zoom helped us feel connected during lock down, it meant that we could share what was happening in our local context, helped us feel less isolated and made life a little bit better.

It's still challenging for some and remembering to unmute before speaking will always be a challenge! I have been grateful for my team-mates. Although we have been kept apart we have felt more 'together' than ever before. It's great to be able to go to them with a problem or an idea or just to ask for help. They are the most diverse, fun and helpful bunch and I love them like family.

Every Wednesday we gather for Bible study. On Tuesdays I engage with J'Unction prayer group from Tebay and I have attended several online quizzes. (But haven't won one yet).

Funding



At the end of last year I applied to the Police Crime Commissioner for some funding. The PCC was offering grants to those affected by Covid and Youth Work fell inside the criteria. I applied for £1300 and was successful which is fantastic news. I was allocated funds for sports equipment, speakers and projector/screen, games, beanbags, craft and baking items and outdoor equipment. Although I had Tebay youth group in mind when I applied, I will still be able to use it across the Deanery when needed. The process was quite straightforward and I am looking forward to spending the funds once the groups get up and running again.

Outdoor Church

This has been my most exciting project so far. Last year I completed some training in Bushcraft and Outdoor training. I had been looking for a site around the Mission community for some time and I am currently in talks with the Town Council in Appleby about using a site in the town. I would love to build a community, forge new relationships and practice bushcraft with a new group of young people (and old if they wish!). Being in the outdoors is so good for mental health, building resilience and befriending, combating loneliness and learning new skills.



KIDS CORNER



Hope you enjoy this page—let us know if you have any ideas of what else you would like to see here: linkpines@hotmail.com

Easter Hope

Jesus died on Good Friday. It was a very sad day for his friends.

But that wasn't the end of the story. On the first Easter Sunday, his friends realised that he was alive again!

The Easter story reminds us that there is hope, even in the darkest and most difficult times.

Talk with your family about something that makes you feel sad. Can you think or pray about how God might bring his hope into that situation?

To help you think about this, you may like to plant a seed—which looks small, dead and sad, and watch it grow into a bright, green plant that brings life and colour .



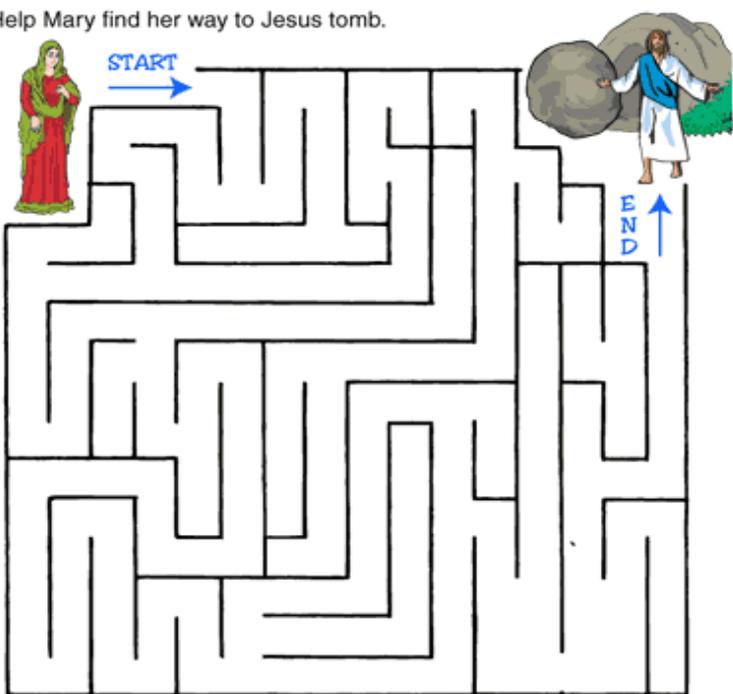
BibleWise

Jesus is Alive Maze

Early Easter morning, Mary Magdalene visited Jesus' tomb. The stone had been rolled away, and Jesus was not in the tomb. She was very sad because she thought someone had taken Jesus' body.

Then Mary saw a man she thought was the gardener. She was so happy to see the man was Jesus! She ran to tell the disciples Jesus was alive.

Help Mary find her way to Jesus tomb.



Word Bank

- Sabbath
- Tomb
- Earthquake
- Angel
- Stone
- White
- Guards
- Jesus
- Women
- Disciples
- Galilee
- Feet
- Homage
- Joy
- Sunrise

Find the Hidden Words

A	S	D	F																								
C	T	X	W	A	N	G	E	L	H	C	V	B	N	M													
F	D	F	G	H	E	D	O	D	F	G	H	J	K	L	D	S	D	F	G	H							
C	G	I	O	I	A	V	A	N	M	G	A	L	I	L	E	E	V	W	O	M	E	N	E	V			
G	S	A	B	B	A	T	H	R	V	S	R	V	Y	N	M							C	V	V	S	B	
W	F	G	S	F	A	N	G	T	L	E	I	O	M											V	C	T	V
V	H	H	O	M	A	G	E	M	H	N	L	J	N											V	O	B	N
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C	E	S	U	N	R	I	S	E	K	C	S	O											S	G	H	B	
F	S	S	D	D	G	F	H	J	E	F	I	F											A	F	D	A	
X	C	V	J	E	S	U	S	G	D															S	B	V	

He is not here, for he has been raised just as he said. Come and see the place where he lay.

Calum Stott (who works for the Yorkshire Dales National Park) sent this poem to *The Link*. He writes: "I don't know if it's been included before. But I was shown this old poem about Bretherdall recently and thought it's as apt today as the day it was written; I often think of how lucky we are to be able to live in this quiet corner of Cumbria. Best understood when spoken out loud!"

This Bretherdall iz a wee glenn;
Sum three miles lang en bonny when
The trees are all in leaf sa green;
The playace wad charm King or Queen.
T'original nayem was Bruthers-dayle,
En I have hard foak tell that tayle
It yance belang'd to Bruthers three
That nayem wee't owners did agree.
It iz a part of Westmer-land,
For lakes and scenery sa grand,
In Orton parish it does lay
Nut far fray't village of Tebay.

Sum say it iz world's end
And not quite finish'd, they pretend
That sum yan fand the hack and spay'd
Up here yance, but so lang they'd laid
The shafts had rotted from them bathe;
This sem's to charge the Lord with sloeth.
But if isn't quite complete
And with some playace's can't compete,
Yet we have some good things up 'ere
In naters produce it's quite clear.
But still improvements mud be may'd
If foak wad use ther hack and spay'd.

We have the same breet sun to shine
Ez them et 'leeves et climates fine,
En the sayem moon en stars sa breet
En they afoard uz the sayem leet.
The air is pure en't waters good,
The soil can raise some wholesome fudd.
A proof of this there was ten year
That deeth did niver visit here.
The flowers are buitfull in hue,
The fragrance sweet as iver grew.
The birds do sing hez sweetly here
Hez them in parks amangst the deer.

We've several different soarts of game,
Bay'eth Earls en Lords do shoot the sayem,
When cook'd they er delicious meat
En spoart ta them iz quite a treat.
The fields are deck'd quite ez gay
Hez fields et Lunden er'e May.
The herbage too iz quite hez good,
The corn when ripe iz good for food.
Our winter's nut sa temperate quite
Hez winters in the Isle of Wight
Be'd when spring comes we do enjoy
That season well for our employ.
When t'birds do sing en t'cuckoo showt

The playace wad charm the heart of owt,
Fer sick roamantick senery
Scarce can be seen in O Serrey.

We're nut ez many luxuries here
Ez they may have mebbly nut near,
But we enjoy ourselves uz well
Ez sum et cuts a terrible swell.
The natives dress nut verra smart,
They drive tet market in a cart,
Bet they will mebbly pay there way
Hez well ez sum sap rood en gay.
We're nebbers good to live besides
There nut sa full of puff and pride
Hez sum I see when ize fra hayem.
But I do admire a tidye dayem.

We're mayestly farmers et lives here,
Be'd times just noe is rather queer.
If they don't mend before tis lang
To pay oor rents we shall be thang.
Here's woods en rocks en vale en hills,
Besides a vast a mountain rills,
En water foes en fields an fell
War oor sheep graze we hez to sell.
We've coves and kye and horses too
Ta ride or drive it cart or ploo,
En ducks en geece en dogs en cats –
I wish we he'd ne mice en rats.

We haven't near ez mickkle vice
Ez them et leaves in toons sa nice,
Bud we hez council geen us here
Mebbie as good hez they hez theare.
We've several different sexts to preach
En they try hard foakes hearts to reach,
En we've a good free skule to send
Our bairns unto if 'tis worlds end.
All these prove there iz a god,
Be'd we have oft deserved his rod
For our ingratitude sa base
For all the blessings of this playace.

We hev nea gin shop to destroy
The health and wealth of man and boy,
Ner theatre duz allure,
Ner hospital the lame to cure.
En nut much time et skule did spend.
I hope ye'll bear we my droll lines,
For gowd hez dross when't comes frayd mines.
I dun'at think it a disgrace
To live et this romantic playace,
For l'z ez happy and content
When we're o well en owes na rent.

I noo will close this History,
Be'd it tells nea girt Mistery.
It may inform and please a few,
En that iz what I dew.

(Joseph W. Thwaites, Parrocks Farm, Breatherdale)

Ravenstonedale

RAVENSTONEDALE with NEWBIGGIN-ON-LUNE

ANNUAL PAROCHIAL CHURCH MEETING

St Oswald's Church, Ravenstonedale

will be held on Zoom on

Monday 26th April at 7.30pm



We warmly invite all our parishioners to attend whether on the Church electoral roll or not.

Please email curate.hwparishes@gmail.com for log in details

Reports and agenda will be on display in the Church porch from 12th April

St. Oswald's Church Electoral Roll

If anyone wants to be added to the Electoral Roll this year please contact Diana Fothergill, PCC secretary, on 23288 or email djfothergill@googlemail.com



St. Oswald's Church

We hope there is a light at the end of the tunnel so here are a few dates for your very empty diary!

Wednesday 23rd June (Thursday if wet!)

Boon day in the Churchyard

Friday 17th September

Auction of Promises

Sunday 10th October

Harvest Festival Lunch

Looking forward to seeing you in person again!

DINKY DALES NURSERY



In the picture Julie is on the left and Keeley is on the right.

Current deputy managers Julie Procter (Great Musgrave) and Keeley Morland (Tebay) are taking over Biggins Nursery (Ravenstonedale) Ltd on the 1st April 2021. Currently situated at the Old School building in the village of Ravenstonedale, they will take over the lease and become managing directors of the business. Julie and Keeley have worked there for many years, getting to know all the parents and children who attend.

Sam Alderson, who currently owns Biggins Nursery Ltd will be stepping down after years of dedication; she will be focusing on her other nursery, Shining Stars, Appleby. Both Julie and Keeley are very thankful for everything Sam and her husband Martyn Alderson have done for the business and look forward in continuing their success.

The Nursery will be re-named **Dinky Dales Nursery Ltd** and will remain an integral part of the community. Julie and Keeley are planning on putting their own touch on the nursery with many exciting changes to follow. One of these is setting up a gardening area where children can develop their skills and knowledge about the outdoors.

Julie (23) has a BA (Hons) degree in Children, Schools and Families and has previously worked in various educational settings. Keeley (22) has a level 3 Diploma in Children, Learning and Development and has worked at Biggins Nursery for 7 years. They intend on using their knowledge and experience to promote development and enjoyment for all children and staff.

Dinky Dales will be a very special Nursery where "We provide a caring and safe environment where all children can build their imagination and resilience through exploration and play."

The nursery welcomes children aged 0-5 years and is Ofsted registered following the Early Years Foundation Stage.

Julie & Keeley are both very excited to see what the future holds for Dinky Dales Nursery.

For more information on child care places please contact dinkydalesnursery@outlook.com or 015396 23670.

RAVENSTONEDALE PARISH HISTORY GROUP

Dr. John Fothergill

'Very agreeable to me' - George III describing an address to him by Dr. John Fothergill

In the March 17th Zoom talk, organised by Ravenstonedale Parish History Group, over 50 participants from all over the UK learnt about the life and achievements of Dr. John Fothergill (born 1712). The talk is one of a number planned by Diana Fothergill, recording *'Some famous Fothergills'*. Diana's extensive research and entertaining presentation relayed the story of her namesake who also has an historical context with her own medical career.

The Fothergill family connection to Ravenstonedale was celebrated in 2006, with a reunion of many extended members of the Fothergill family, all of whom can trace the origin of their families back to Ravenstonedale parish. Although the Fothergills living in Ravenstonedale today are few, as late as 1911 Fothergill made up 5.5% of the census return taken at the time.

Dr John Fothergill was born in Yorkshire, near Semerwater. Diana showed how his family can be traced back to his great-grandfather, who was born in 1560 in Ravenstonedale. His education, including his medical studies, commenced at Sedbergh School in 1724, progressing from an apothecary apprenticeship in 1728 on to a medical degree awarded by Edinburgh University in 1734.

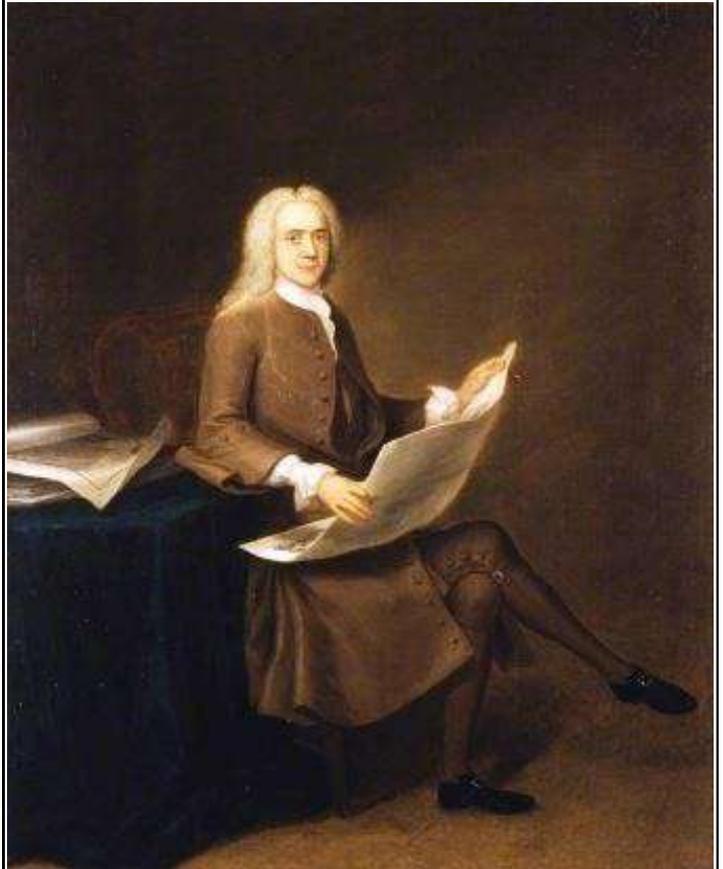
John commenced his medical career at St Thomas's Hospital in London (an experience shared by other former physicians in the Zoom audience) in 1736. His medical career was notable for the clinical recommendations he evolved, drawing upon meticulous observation of patients, often including patients from lower incomes, who received his care at no cost, which for John provided a larger population to observe and evolve medical ideas.

His observations led to revolutionising the treatment of scarlet fever (described at the time as 'sore throat with ulcers') where his recommendations include warmth, cordials and chicken broth, in contrast to the standard practice of blood-letting or bleeding. His work was published, including translation into a number of languages and multiple editions. Those contemporaries influenced by his publication remarked 'how many lives were lost until Dr Fothergill recommended against bleeding'. Other diseases that benefited from his practice of observation, including anatomical studies, were angina, migraine and trigeminal neuralgia (today also known as 'Fothergill's disease').

John was a prominent and respected Quaker. It was because he was a Quaker that his medical studies were undertaken in Edinburgh, as at the time Quakers and other non-conformists were not permitted to attend English Universities. He became a respected member of

the Quaker community and Diana presented press reports covering two addresses he made to King George III - in response King George recorded his view that the opinions expressed by John Fothergill, on behalf of the Quaker community, were 'very agreeable to me'. John's opinion was also sought by another monarch, Catherine the Great, who acted upon John's recommendation of a colleague, Dinsdale, who administered a successful smallpox vaccination (before the advances in inoculation perfected by Jenner) to the Empress.

Along with Royal recognition, John had the distinguished company of notable friends including Benjamin Franklin, Josiah Wedgwood (a bust of John was created by Wedgwood), Fanny Burney (who described John on first encounter as 'an old prig' and later once he had administered to her sore throat as 'my very good friend') and David Barclay, the founder of Barclays Bank. John also advised Barclay's future wife on the injurious nature of stays, commenting that the restriction they caused resulted in 'so much cruelty'. Benjamin Franklin wrote warmly about John, and in letters to him admonished him for his commitment to his work and patients. Franklin counselled John as follows: '...When will you begin to enjoy life? Going from one sick chamber to another is not living!'



(This image is the property of the Royal College of Physicians, London.)



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www.ksgs.cumbria.sch.uk



The PE department and 10 students are taking part in the virtual fundraising event in aid of GNAAS. They have chosen to walk / run / cycle 130 miles throughout the month of March the great news is they have totally smashed the 130 mile threshold and are now hoping to complete another 130 miles.

They are hoping to raise sponsorship to help the critical care team to continue saving lives.

If you would like to donate towards this charity please let us know – every little helps!

The critical care team responded to 1200 call outs last year – we need to keep them flying.

The testing process was completed very efficiently on our return to school. Almost 900 tests were carried out over three days and none were positive. This is in line with the results from the other schools in the County.

We distributed the Home Testing kits to the students on to take home.

Summer Assessments 2021

Our other vitally important work at the moment is the arrangements for the grades to be sent to the exam boards for Year 11 and Year 13 students this summer.

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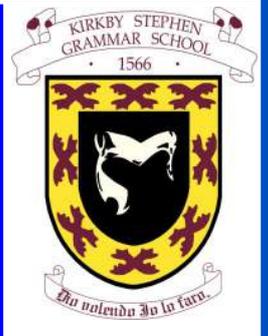


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OUTWARD BOUND ACTIVITY DAYS IN SCHOOL WORKING WITH OUR YEAR 9 & YEAR 10 STUDENTS.

The students and staff thoroughly enjoyed both days and didn't let the weather dampen their high spirits. Activities included, team skip, shelter building, minefield, bridge the gap, fire pit building & leadership skills.





**FRIENDS OF
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We are cautiously optimistic that we will be able to stage another Christmas play this year.

The first step will be a meeting in late April (inevitably via Zoom!) for all those interested in being involved in any capacity at all – onstage, or backstage.

Rehearsals will start in September – hopefully in the church.

No experience necessary – just enthusiasm!

**For more information, contact Joan
015396 23468**

**To register for the Zoom meeting, email:
djfothergill@googlemail.com**

Parish Registers

Forlizzi: On Wednesday 14th October 2020, the cremation took place at Beetham Crematorium of Peter Dominic Forlizzi of Flat 2, Lunesdale House, Mount Pleasant, Tebay. He died on 29th September 2020.

Harrison: On Friday 26th February 2021, the funeral took place at All Saints' Church, Orton, of Doris Harrison (91), formerly of Scarside, Orton, mother of Ed, Chris and Dorothy and grandmother of Robyn. The service was followed by burial in Orton Churchyard.

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WRITERS!

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MONDAY ROUTE 571: Brough to Kendal

	OUTWARD	RETURN
Brough Clock	10.35	16.15
Kirkby Stephen	10.50	16.00
Kirkby Stephen West Station	10.55	15.53
Ravenstonedale School	11.00	15.45 Garshill
Newbiggin on Lune village hall	11.05	15.40 on A685
Mount Pleasant bus stop, Tebay	11.18	15.29
Barnaby Rudge bus stop, Tebay	11.20	15.27
Kendal Morrisons bus stop	11.45	15.00
Stricklandgate	11.51	
Blackhall Road	11.55	14.55
Morrisons layover 1.30 hours depart	13.15	
Blackhall Road layover 1.45 hours		

THURSDAY ROUTE 570: Shap to Kendal

	OUTWARD	RETURN
Ravenstonedale School	10.07	16.30
Shap	10.45	15.57
Orton	11.10	15.37
Mount Pleasant bus stop, Tebay	11.18	15.26
Barnaby Rudge bus stop, Tebay	11.20	15.27
Kendal Morrisons bus stop	11.45	15.00
Stricklandgate	11.51	
Blackhall Road	11.55	14.55
Morrisons layover 1.30 hours depart	13.15	
Blackhall Road layover 1.45 hours		

Revised 02-01-2020

Tel: 015396 23254

Ravenstonedale, Cumbria CA17 4NL

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TUESDAY ROUTE 569:

Ravenstonedale to Hawes

July to end of October	Outward	Return
Departs Bus Depot	10.30	15.50
Ravenstonedale School	10.40	15.40
Kirkby Stephen Station	11.10	15.40
Kirkby Stephen Square	11.20	15.30
Arrives Hawes	12.25	14.30

WEDNESDAY ROUTE 572:

Kirkby Stephen to Barnard Castle

NEW TIMINGS from 08/01/20 Summer Winter

Departs Bus Depot	09.20	09.20
Ravenstonedale School	09.30	09.30
Kirkby Stephen Station	09.40	09.40
Kirkby Stephen Square	09.50	09.50
Brough Clock	10.00	10.00
Middleton in Teesdale	10.40	
Barnard Castle	11.20	10.45
Barnard Castle	14.40	13.20
Brough Clock	15.15	14.02
Kirkby Stephen Square	15.28	14.15
Kirkby Stephen Station	15.38	14.25
Ravenstonedale School	15.46	14.33
Depot	15.58	14.45

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The hotel reopens on the 17th May for inside and outside dining.

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Reopening!

It feels like a lifetime doesn't it? But we are thrilled to finally be able to pass on some so exciting news....!

We have been working hard behind the scenes & are looking forward to welcoming you once again from the **12th April**. Although we can't quite 'open our doors', our newly adapted 'courtyard bistro' will provide the perfect space to help you regain some normality & enjoy the fantastic food & service that the Black Swan team pride themselves on.

We will be open 7 days a week from 10am with a fantastic beer garden & our outside dining space, which is heated & fully sheltered from the rain, just in case of those April showers! Scott & the gang have been busy designing our new bistro style menu which will be served from 12:30-7:30 daily & showcases, as expected, the very best seasonal produce in a new exciting way. Bookings are now being taken, contact us on the main hotel number to ensure you don't miss out!

Following this, currently penciled in for **May 17th**, we will fully re-open our bar, restaurants & accommodation so that we can resume offering the very best in pub hospitality. However, please note our business is continually governed by ever changing restrictions so some dates & details may differ slightly, please contact us beforehand if you are unsure about your booking.

We look forward to seeing you all again very soon & the first chapter of what will be a much brighter future. *Louise & the Black Swan team*

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Contact List

(Phone area code: 015396, unless shown otherwise)

For children and young people

Orton C. of E. School: Headteacher, Mrs. Emma Pomfret
Office: Vicky Percival: 24268
Friends of Orton School: Julie Watson, 07792 742415
Tebay Primary School: Headteacher: Mrs. Lisa Bland
Office: Tracey Morland: 24239
Friends of Tebay School: Claire Penhallurick 07986 692527
Catchment Area Secondary School:
Kirkby Stephen Grammar School: 01768 371693
For Little Children:
Tebay: "Twinkles": Pippa Smith: 24367 /
07487 776904 (*currently suspended*)
Orton: Tiny Hillbillies: Pat Alexander: 24303
Ravenstonedale: Biggins Nursery: Samantha
Alderson: 23670
Newbiggin Baby & Toddler group: Fi: 017683 71921
Scout Group – Scouts, Cubs, Beavers
Shap area: Jackie Wright: 01931 716490
Kirkby Stephen: Lois Wiseman: 01768 341107
Appleby Guides: Leagh Wilkinson: 07869 078977
Appleby Brownies: Alison Taylor: 01768 361241,
Emma Williamson 07800564170
Appleby Rainbows: Sue Grainger: 07876 403895
Kirkby Stephen Brownies and Guides: Audrey Gray: 07889
093848
Northern Inter-Schools Christian Union (NISCU):
Ruth Evans, ruth.evans@niscu.org.uk
Appleby Deanery Network Youth Church Pioneer Minister:
Rachel Milburn, Rachel.Milburn@carlisle-diocese.org.uk
Families Together in Orton and Tebay: Pam Lawson: 26028
Tebay Kids' Band: Pam Lawson: 26028

Miscellaneous

Orton/Tebay Parish Clerk: Margaret Longworth: 24900
Orton Market Hall Bookings: Julie Renwick-Smith: 24796
ortonmarkethall@outlook.com
Upper Eden Medical Practice, Kirkby Stephen : 01768
371369 (with Surgery in Tebay)
Shap Medical Practice: 01931 716230
(with Surgery in Orton)
Vets: Kirkby Stephen: 01768 371359
Appleby: 017683 51507
Shap: 01931 716024

Adult groups

Archaeological Society: Jan Hicks: 01931 714122
Arts Society, Appleby: Gillian Stoddart: 01768 862501
Badminton: Richard Percival: 24352
Band: Appleby Town Band: Chris Jenkin: 24410
Kirkby Stephen Silver Band: Caroline Souter:
017683 72376
Bell Ringers: Julian Thorpe: 24166
Bingo: Jillian Hewitt: 01931 715000
Boccia: Felicity Lawler: 015396 24465
Book Club: Sally Seed: 24907
Bowls at Newbiggin: Stephen Dickinson: 07766 833500
Combined Churches Choir: Chris Jenkin: 24410
Community Choir: Alison Mott: Alison@mott.me.uk
Concerts:
Appleby: North Westmorland Arts: 017684 83777
Kendal: contact@lakelandsinfonia.org.uk
First Responders: Steve Dunkinson: 24286
Folk Dance Club: Chris Bland: 24258
Greenholme Show: Keith Golding: 01931 715446
Heating Oil Syndicate: Chris Jenkin: 24410
Howgill Harriers Running Club:
Admin@howgillharriers.co.uk
Local History Societies:
Orton and Tebay: Mary Jenkin: 24410
Ravenstonedale: Val Fermer: 07798 688057
Lunch Clubs:
At the George Hotel, Orton: Bronagh: 24071
At Old School Tea Room, Tebay: Bernard Thornborrow:
24272
Men's Meeting, Newbiggin: Jonny Capstick: 23141
Orchestra: Cobweb Orchestra: Richard Best: 23470
Quiz Team, Orton: Sally Seed: 24907
Sew and Sews, Orton: Gillian: 23653
Volunteer Social Car Scheme: Dennis Humphreys:
26052
Women's Groups:
Orton: Pat Alexander: 24303
Lune Ladies: Carole Clayton: 23226
Women's Institute: Jackie Huck: 24266
Mothers' Union: Angela Milburn: 24382

Websites

Church Websites:

High Westmorland parishes: <http://hwparishes.org.uk>
Entries in the Church of England's "A Church Near You" directory
Orton: <https://www.achurchnearyou.com/church/12220/>
Ravenstonedale: <https://www.achurchnearyou.com/church/12221/>
Tebay: <https://www.achurchnearyou.com/church/12223/>
Orton Community Website: <https://ortoneden.co.uk>
Orton Parish Council: <https://ortonpc-eden.org.uk>
Tebay Parish Council: <https://tebaypc.org.uk>
Ravenstonedale village website: <https://www.ravenstonedale.org>
Ravenstonedale Parish Council: <https://www.rdalepc.uk>

Churches' Facebook pages

Orton: <https://www.facebook.com/AllSaintsOrton/>
Tebay: <https://www.facebook.com/stjamestebay>
Ravenstonedale: <https://www.facebook.com/StOswaldRavenstonedale/>
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